

## Rehab Services Aide

### Position Overview

#### Summary:

The Rehab Services Aide is responsible for supporting and assisting the rehab staff in the delivery of rehabilitation services in both the inpatient and outpatient settings. This person may transport patients, set-up or clean-up following procedures, supervise patients or assist the therapist or therapist assistant during the provision of patient care. When not performing these tasks, the rehab aide will support overall department functions including clerical or customer service support, cleaning and organizing equipment.

#### Reports to:

Director of Rehab Services

#### Job Classification:

FLSA: Non-Exempt

Hourly/Salary: Hourly

### Responsibilities

#### Essential Functions:

1. Clean/disinfect work area and equipment after each treatment.
2. Put equipment away after use and organize equipment storage.
3. Set-up and assist with the provision of therapeutic services or modalities.
4. Clean/Sanitize patient areas and equipment following wound care treatment.
5. Utilize standard precautions, sterile techniques when assisting with wound care or patient care.
6. Safeguard, motivate, and assist patients performing exercise programs and functional activities.
7. Observe patients during treatment and report signs of fatigue, distress, or other problems.
8. Stock and change linens and arrange treatment supplies and equipment according to standard procedure or written or oral instructions.
9. Inventory and requisition patient care supplies and equipment, maintaining appropriate levels.
10. Supervise aquatic therapy program when a therapist is not available.
11. Transport inpatients between the patient room and therapy department.
12. Provide individual or group-based activities for inpatients of Cascade Medical's swing bed program when the activities coordinator is not available.
13. Serve as the coordinator for central supply orders and for maintenance requests.
14. Schedule patients, answer telephone, take/deliver messages, run errands, copy information, and perform other clerical duties when requested or needed.
15. Revise or develop appropriate forms and procedures for any of the above areas of responsibility.
16. Assist the Rehab Services Director in collecting and reporting statistics when requested.
17. Participate in the organization and handling of Rehab Services Department sponsored events.
18. Promote the rehabilitation department through communication with patients and physician offices.
19. Promote a positive, non-threatening environment to patients and visitors.
20. Responsible for daily maintenance and operation of Hydroworx Therapy Pool, including maintaining sanitary, clean, and orderly conditions, per relevant policies and procedures. Also, to include communication, trouble shooting, and planning/managing supplies and coordinating the needs related to pool operations from other departments.
21. Assist with quarterly procedures for pool emptying, cleaning, and refilling.

22. Will perform swing bed coordinator job duties when needed.
23. Other duties as assigned

*Will adhere to CM policies, procedures, standards of business conduct and demonstrate shared values within all areas of job performance at all times.*

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## Qualifications

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### Required:

- High school diploma
- Some knowledge of medical terminology
- Proficiency in Microsoft Office
- Current Basic Life Support (BLS) Certification

### Desired:

- Experience with rehabilitation services, wellness, or exercise programs
- Bilingual

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## Professional Expectations - Shared Values

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***Cascade Medical's (CM) mission is to provide a consistent, excellent patient experience. To achieve this mission, CM has established values and behavioral standards that are required to be met for each employee.***

**Commitment**—We demonstrate our pursuit of individual and organizational development by always going above and beyond to find the answer, discover the cause, and advocate the most appropriate course of action.

**Community**—We demonstrate our effectiveness and quality care in complete transparency with each other and in line with the broader values of our Medical Center.

**Empowerment**—We prove our promise to patients and our dedication to both organization and community through the manner in which we empower each other and carry out each action.

**Integrity**—We set a strong example of behavioral and ethical standards by demonstrating our accountability to patient needs and our devotion to performing alongside one another as we exhibit our high standards each and every day.

**Quality**—We demonstrate an exceptional and enduring commitment to excellence. We are devoted to processes and systems that align our actions to excellence, compassion and effectiveness on a daily basis.

**Respect**—We embrace equality on a daily basis through positive, personal interactions and recognize the unique value within each of our colleagues, patients and ourselves.

**Transparency**—We demonstrate complete openness by providing clear, timely and trusting information that shapes the health, safety, well-being and stability of each other and our community.

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## Physical/Sensory Demands

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## **Working Conditions**

This position is in a gym-based setting. The duties of the Rehab Services Aid must be performed in an efficient and effective manner while being courteous and respectful of Cascade Medical employees, providers, and patients of the general public. Good communication and discretion are always used while being able to understand and maintain confidentiality of CM and patient information and adhering to the CM standards. Will need to maintain composure when handling deadlines and other stressful situations.

## **Physical Demands**

O = Occasionally, represents 1 to 33% or 1 to 2 hours of an 8-hour workday

F = Frequently, represents 34 to 66% or 2.5 to 5.5 hours of an 8-hour workday

C = Continuously, represents 67 to 100% or 6 to 8 hours of an 8-hour workday

- Bending/Stooping/Crouching: F
- Carrying 25 pounds or less: O
- Carrying 25 to 50 pounds: O
- Carrying over 50 pounds: O
- Climbing: O
- Crawling/Kneeling: O
- Lifting: 25 pounds or less: O
- Lifting: 25 pounds to 50 pounds: O
- Lifting: Over 50 pounds: O
- Pulling/Pushing: 25 pounds or less: O
- Pulling/Pushing: 25 pounds to 50 pounds: O
- Pulling/Pushing: Over 50 pounds: O
- Reaching: Shoulder height: O
- Reaching: Above shoulder height: O
- Reaching: Below shoulder height: O
- Repetitive Movement: F
- Sitting/Standing: F
- Twisting/Turning: F
- Walking: O

## **Physical Exposures**

- Bright Lighting: Yes
- Dim Lighting: Yes
- Cold: Yes
- Heat: Yes
- Harmful Physical Agents: Yes
- Hazardous Substances: No
- Infectious Diseases: Yes
- Ionizing/Non-Ionizing Radiation: No
- Mechanical Hazards: Yes
- Noise: Yes
- Unprotected Heights: No